

ABOUT US. UhuruPads is a social enterprise that engages women in small groups to manufacture

and distribute high-quality, affordable, and eco-friendly sanitary pads, helping to keep girls in school and create jobs and opportunity for local women.

OUR PADS. The only 100% biodegradable pad in Tanzania, UhuruPads are an affordable sanitary pad formed using wood pulp, pulverized into absorbent fluff, then pressed into a pad. Though rivaling any "store bought" pad for comfort and effectiveness, UhuruPads are environmentally friendly and can be discarded after use, disintegrating quickly.

OPERATIONS. The production process was developed in India by the social entrepreneur team from Aakar Innovations and brought to Tanzania by generous US-based funders. A founding donor is 8-time

NBA All Star, **Dwight Howard** who has long championed girls' education in Tanzania. The Indian team continues to advise and guide UhuruPad during its expansion to additional facilities and with supply chain development.



At our small empowerment center in Arusha, Tanzania, nearly1500 pads are produced each day, employing 12 women. We will soon create a second facility and engage countless other women as product Ambassadors, providing pads through their own micro-businesses and facilitating health and hygiene information now unavailable to many women and girls.

WHAT IS NEEDED? We seek funding to provide the pads (and menstrual health and hygiene information) to girls attending school in Tanzania.Since girls often miss school during menstruation and receive little to no hygiene information, UhuruPads creates multiple pathways for positive







social return: education, empowerment and entrepreneurial activity.

www.UhuruPads.org





From left: wood pulp torn and pulverized; the fluff created is weighed and inserted into pad interior mold.



From left: fluff is pressed into a pad; interior pad is covered in biodegradable plastic and cut; after bio degradable adhesives are affixed to the pad, it will be sanitized.



41% of girls in developing countries miss up to 5 days of school each month.

Taboos and myths related to menstruation often portray women and girls as inferior to men and boys.

UhuruPads = education + empowerment + entrepreneurial action

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